



**CIRCULAR**

Classes: Nursery-VIII

DPSG67/CIR/0042/2023-24

Date: 28<sup>th</sup> July 2023

Dear Parents,

Greetings!

**Eye flu or conjunctivitis (pink eyes)** is a type of infectious disease affecting the eyes due to bacteria or viruses. It is rising due to the recent flood and climate change. It's important to sensitize the students about some preventive measures to control the spread of this infection. Please note, **avoid sending your ward to school** if you notice any of these **symptoms**.

(i) There can be redness, swelling of lids and itchy eyes (ii) Yellow or watery discharge from the eyes (iii) Sticky eyelids (iv) Fever

Please ensure to follow these guidelines to prevent eye flu or conjunctivitis:

1. Wash hands regularly with soap and water.
2. Avoid sharing unwashed towels.
3. Nails must be trimmed on a regular basis.
4. Avoid touching the eyes or rubbing the eyes with unwashed hands.
5. Eat a healthy diet to boost immunity.
6. Avoid using swimming pools and crowded places.

Stay safe and healthy!

Thank you.

Warm Regards,  
Sangeeta Dhamija  
Principal